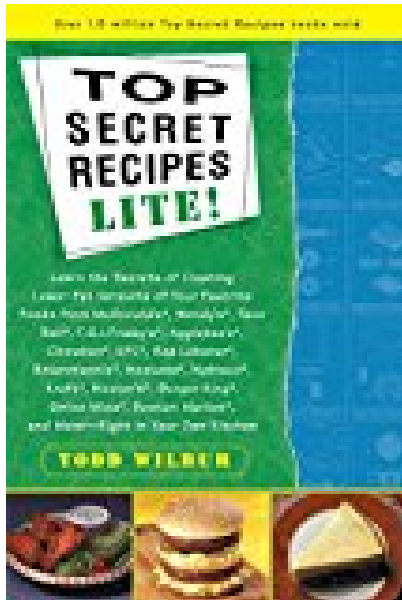


Top Secret Recipes Lite!



BOOK DETAILS

- Author : Todd Wilbur
- Pages : 256 Pages
- Publisher : Plume
- Language : English
- ISBN : 0452280141

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BOOK SYNOPSIS

#1 bestselling Top Secret Recipes series with more than 4 million books sold! With health-consciousness sweeping America, many of us feel we can no longer indulge in the tasty but guilt-inducing foods we grew up with. Todd Wilbur, who made a name for himself by allowing us to clone treats such as Oreos™ and Outback Steakhouse® Blooming Onions™ in our own kitchens, now gives us back our cherished foods with reduced fat and calories. Not only does Wilbur enable us to produce lite versions of Cinnabon® Cinnamon Rolls and Twinkies™, he shows us how to duplicate our favorite Snackwell™ and Healthy Choice™ products. Top Secret Recipes—Lite! includes recipes for 75 new dishes, complete with Wilbur's helpful diagrams, which call for ingredients easily found at the local supermarket. The newest addition to the Top Secret Recipe franchise is sure to make us not only happier, but healthier. From the Trade Paperback edition.

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